

Health
AIDS/smart
Children



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Press Release

Teaching Children About HIV and AIDS

With the aim of protecting children and young people from the many risks of early sex, Child-to-Child has produced a manual for showing teachers and health workers how to approach the problem.

The manual. Called **Child-to-Child Approaches to HIV and AIDS**, can be used for training, planning lessons and for developing a curriculum, or non-formal education programme.

It is in two parts, one focusing on sexual health and the prevention of HIV/AIDS and the other on coping and living with HIV and AIDS.

The basic idea is that the more information children have about sexual health and the more skills they have to make healthy choices, the more likely it is that they will delay having sex.

The Child-to-Child approach to learning involves children as full participants in learning about and promoting good health to their families, friends and communities.

In this context the manual aims to make sure that children know the importance of sex, understand their own and others sexual feelings, know the risks of unprotected sex and know how to get help if they experience abuse.

Child-to-Child Approaches to HIV and AIDS is available at the cost of £4.50 plus postage and packing from:
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