## COOKBOOKS

A. Cooking with Sunshine by Lorraine Anderson and Rick Palkovic. Contains a variety of healthy main dish and accompaniment recipes, as well as desserts. Includes plans for building a box-type and a panel-type solar cooker. 202 pages. \$16.95

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**B.** *Eleanor*'s *Solar Cookbook* by Eleanor Shimeall. Contains numerous recipes grouped by type of food. Includes solar canning information. 97 pages. *\$12* 

C. Solar Cooking: A Primer/Cookbook by Harriet Kofalk. Contains a diverse collection of vegetarian recipes. Includes information on solar food drying, as well as plans for building a box-type solar cooker. 96 pages. \$12

**D.** Solar Cooking for Home & Camp by Linda Frederick Yaffe. Contains an assortment of nutritious recipes. Includes plans for building a box-type and a panel-type solar cooker. 120 pages. \$12.95

## tem Sorar Cooking for Home & Camp

PUBLICATIONS

Plans --- How to Make, Use and Enjoy Solar Cookers, 10<sup>th</sup> edition: Includes instructions for making solar cookers from cardboard and foil, solar recipes, and solar cooking tips. 52 pages. \$7

*Field Guide*: provides guidelines for creating a solar cooking project. Topics include the need for solar cookers, the challenge of technology transfer, support services for trainers and consumers, and evaluations. 18 pages. *\$5* 

*Trainer's Manual*: a step-by-step manual for teaching solar cooking. Topics include solar cooking basics, a sample workshop outline, follow-up procedures and support services. 32 pages. *\$10* 

International Conference Proceedings: dozens of papers on topics such as solar cooker technologies, dissemination strategies, and promotion efforts.

- A. Spain, 2006. CD-ROM. \$7
- B. Costa Rica, 1994. 357 pages. \$15

The Expanding World of Solar Box Cookers: Barbara Kerr's classic textbook on solar box cookers. Topics include basic theory, design elements, and patterns of usage. 79 pages. \$15

## VIDEOS

A. SUNCOOKERS by Catherine Scott. Documentary of SCI's projects in western Kenya. Many extras: digital Plans booklet, recipes, global slideshow, interviews, bonus footage. DVD, 18 minutes + extras. \$18

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**B.** *Thirsty Planet* by Edwin Carswell. Describes solar water pasteurization efforts in Ghana & Benin, DVD, 27 minutes. *\$20* 

C. Let It Shine! by Silver Classic Productions. Learn to make a panel-type solar cooker and cook a variety of foods. DVD, 50 minutes. \$15

## MISCELLANEOUS



SCI T-shirt: show your support for solar cooking with a 100% sweatshop-free cotton t-shirt. Men's and women's sizes, three colors: royal blue (new), black (new), olive green. \$18

Water Pasteurization Indicator (WAPI): a simple, reusable device that indicates when heated water reaches pasteurization temperature (150°F/65°C). It can be used for pasteurizing over most fuel sources, but works particularly well with solar cookers. Great for camping and emergencies. \$6





AquaPak: solar pasteurizes four to five liters of water at a time, up to 15 liters per day. Simply fill with water and lay it on a flat surface in the sun. A built-in WAPI indicates when water is pasteurized, in as little as two hours. \$20

Three-pound roaster: round, black pot absorbs the sun's radiant energy and converts it to thermal (heat) energy. Steel with a porcelain coating. 9¼"x5¼". \$12



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Let it Shines

carn stop by stop solar Cooking



Five-pound roaster: similar to the threepound roaster, but oval. 13"x8"x5". \$14